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D.M. Phillips, B.Ed.
Pennaeth / Head teacher

06.09.21

Re: Canllawiau Hunan-Ynysu Covid- Nodyn atgoffa

Annwyl Rieni,

Croeso cynnes iawn yn ol I bawb ar ddechrau wythnos lawn gyntaf y tymor. Rydym wedi derbyn sawl ymholiad ynglyn a gweithdrefnau teuluoedd yn gysylltiedig a hunan-ynysu o ganlyniad i Covid. Gweler felly arweiniad a chyngor gan Llywodraeth Cymru. Mawr hyderaf y bydd y wybodaeth o gymorth i chwi.

A all fy mhentyn fynychu'r ysgol os oes ganddo annwyd?

Os oes gan blentyn symptomau ysgafn tebyg i annwyd dylent barhau i fynd i'r ysgol, os yw'n gallu gwneud hynny. Y tri phrif **symptom o COVID-19** y dylech fod yn ymwybodol ohonynt yw:

- peswch cyson newydd
- twymyn neu dymheredd uchel
- wedi colli eich synnwyr blasu neu arogli, neu wedi sylwi ar newid ynddynt

Os bydd eich plentyn yn datblygu un o'r symptomau hyn dylent ddilyn y **canllawiau hunanynysu** a dylech **wneud cais am brawf coronafeirws**.

A yw'n ofynnol i mi hunanynysu os ydw i'n cael fy adnabod fel rhywun sydd wedi bod mewn cysylltiad agos â rhywun sydd â'r coronafeirws?

Nid yw'n ofynnol mwyach i bob oedolyn sydd wedi cael ei frechu'n llawn, neu'r rhai o dan 18 oed, hunanynysu os ydynt wedi bod mewn cysylltiad agos â rhywun sydd â'r coronafeirws. Cynigir cyngor i'r unigolion hyn er mwyn lleihau unrhyw risgiau ac aros yn ddiogel. Efallai y bydd rhai amgylchiadau lle y bydd y Gwasanaeth Profi, Orlhain, Diogelu yn gofyn i rai sydd wedi bod mewn cysylltiad â rhywun â'r coronafeirws ac sydd wedi'u brechu'n llawn neu sydd o dan 18 oed hunanynysu – darperir cyngor pellach yn yr achos hwn.

Olrhain cysylltiadau ysgol

Mae fy mhentyn wedi cael ei nodi fel rhywun sydd wedi dod i gysylltiad â rhywun sydd â'r coronafeirws ac wedi cael ei gyngori i gymryd prawf PCR - a all fynychu'r ysgol?

Bydd profion PCR yn cael eu cynnig i unrhyw un sy'n cael ei adnabod fel rhywun sydd wedi dod i gysylltiad agos â rhywun â'r coronafeirws - nid yw'r rhain yn orfodol ond fe'u hargymhellir. Os nad oes gan eich plentyn symptomau ac nad yw wedi cael cyngor i aros adref/hunanynysu gan y gwasanaeth Profi, Orlhain, Diogelu, yna gall fynychu'r ysgol. Dylai unrhyw un sy'n profi'n positif am COVID-19 neu sydd ag unrhyw un o symptomau COVID-19 hunanynysu a pheidio â mynychu'r ysgol.

Os yw fy mhentyn wedi'i nodi fel rhywun sydd wedi dod i gysylltiad agos â rhywun â'r coronafeirws ac nad yw'n cymryd prawf PCR, a oes angen iddo ynysu?

Os nad oes gan eich plentyn symptomau ac nad yw wedi cael cyngor i aros adref/hunanynysu gan y gwasanaeth Profi, Orlhain, Diogelu, yna gall fynychu'r ysgol.

Oso es gennych ymholiadau bellach ynglyn a'r uchod, cysylltwch a'r ysgol.

Yn gywir,

Dyfan Phillips
PENNAETH

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Re: Covid Self-isolation Procedures

Dear Parents,

A warm welcome back to everyone to the first full week of the new academic term. We have had a few enquiries recently regarding Covid arrangements in respect of isolation. Please see advice from Welsh Assembly Government. I hope the information clarifies the situation.

Can my child attend school if they have a cold?

If a child has mild cold-like symptoms they should continue to go to school, if fit to do so. The three main [symptoms of COVID-19](#) to be aware of are:

- a new continuous cough
- fever or high temperature
- loss of, or change in, sense of smell or taste

If your child develops one of these symptoms they should follow the [self-isolation guidance](#) and you should [apply for a coronavirus test](#).

Am I required to self-isolate if I am identified as having been in close contact with someone with coronavirus? All adults who have been fully vaccinated, or those under the age of 18, are no longer required to self-isolate if they have been in close contact with someone with coronavirus. Advice is offered to these individuals to minimise any risks and stay safe. There may be some circumstances where the Testing, Tracing, Protection Service will ask those who have been in contact with someone with coronavirus and are fully vaccinated or who are under the age of 18 to self-isolate – further advice will be provided in this case.

Tracing school contacts

My child has been identified as having come into contact with someone with coronavirus and has been advised to take a PCR test – can they attend school? PCR testing will be offered to anyone identified as having come into close contact with someone with coronavirus – these are not mandatory but are recommended. If your child does not have symptoms and has not been given advice to stay home/self-isolate from the Test, Trace, Protect service, then they can attend school. Anyone who tests positive for COVID-19 or has any of the symptoms of COVID-19 should self-isolate and not attend school.

If my child has been identified as having come into close contact with someone with coronavirus and is not taking a PCR test, does they need to isolate? If your child does not have symptoms and has not been given advice to stay home/self-isolate from the Test, Trace, Protect service, then they can attend school.

Should you have any enquiries, please contact the school.

Kind regards,

Dyfan Phillips
HEAD TEACHER